

PERSONAL HEALTH CERTIFICATE FOR ARAPAHOE PARK  
2020 RACING SEASON

I \_\_\_\_\_ agree to abide by the policies for my COVID-19 health and the health of the community of Arapahoe Park, City of Aurora, Arapahoe County and the State of Colorado.

I agree to SHELTER IN PLACE at Arapahoe Park until May 15th, I will only travel for essential items such as grocery, pharmacy and horse care. I will not travel to any outside community for recreation,

I have not had a fever (99.6 or above), cough or shortness of breath for the last 7 days.

I agree to have a HIGH LEVEL OF SOCIAL DISTANCING.

I agree to wear a face mask or cloth covering my mouth & nose while on the backside.

I will not group in more than 5 persons.

I have my HEALTH KIT and will be diligent of keeping track of my own health and of those that I employ.

- Thermometer
- 1 gallon bleach (recommended due to availability)
- 1 gallon 60% alcohol (recommended due to availability)
- Face masks or 3 cloth mouth & nose coverings that can be washed frequently.
- Hand Sanitizer or Soap for frequent handwashing
- Finger Oximeter (recommended)

I will keep a Health Record for myself and all my employee's temperature every day.

I will follow the guidelines from the Colorado Department of Public Health and Environment for all health questions.

I have read and understand the printed information sheets from the CDPHE. • Do you have symptoms?

- Isolation & Quarantine

\_\_\_\_\_  
Licensed Person Printed Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date